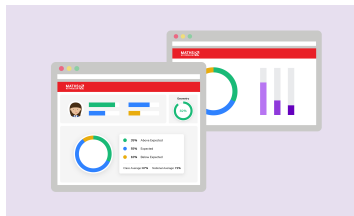


6 January, 2022

Welcome to the New Year edition of Mastery Moment. After what we hope was a restful break, you're probably brimming with enthusiasm for the year ahead. We're here to help! That's why this issue is loaded with productivity hacks to help you reach your goals.

First up, London-based science teacher and vlogger broken chalk shares her [favorite hacks](#), including being clear about when your workday starts and ends, and using 'batching techniques' to plow through tasks.

From Tim Cavey comes this list of [10 productivity hacks, habits and mindsets](#) for teachers, from teachers. These are tried and true. They'll work for you. And Kathleen Morris, a primary school teacher in Victoria, Australia, shares her [top productivity hacks](#), which include taking a metacognitive approach and using the two minute rule.



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The pandemic has only heightened maths anxiety, a condition that Kumon, the tutoring provider, estimates 2 million kids in the UK suffer from. Tara Kahn explains what's behind the anxiety and outlines some [sensible steps](#) to overcome it.

In this blog, Mr. Fletcher talks about [t laying the foundations](#) to create a culture of good habits, academic success and remove frustration and inconsistency. And from Professor Bill Lucas, a list of [nine steps](#) leaders can take to develop a creative school.

New and Noteworthy

The education secretary defended [the requirement to wear masks](#) during lessons, as Omicron cases surge, the BBC reported.

What impact will Omicron have on UK children and schools? Get [the latest](#) from the Guardian

More than 50 people with links to education were recognized in the 2022 New Year's Honour List. Find out who was [on the list](#). And who wasn't.



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Check out our YouTube channel for helpful videos, like this [Year 4 Singapore maths model lesson](#), in which Dr. Yeap Ban Har uses problem-solving, hands-on materials and group work to teach the concept of measuring area.

In episode 40 of our podcast, hosts Andy, Emily and Adam speak with Fiona Smith, a **Maths — No Problem!** product manager, about Early Learning Goals. What are they, what are they not, and how do they align with the infinite number of ways to make classroom learning fun for kids.

[Listen Now](#)

Have you heard of the pomodoro technique? It's when you break big tasks into small chunks. Use this [handy timer](#) to break your next big task into four 25-minute chunks, with five minute breaks in between, for two hours total.

And finally...

Here are [10 things](#) to look forward to in 2022.



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